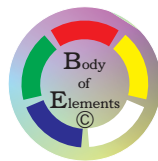
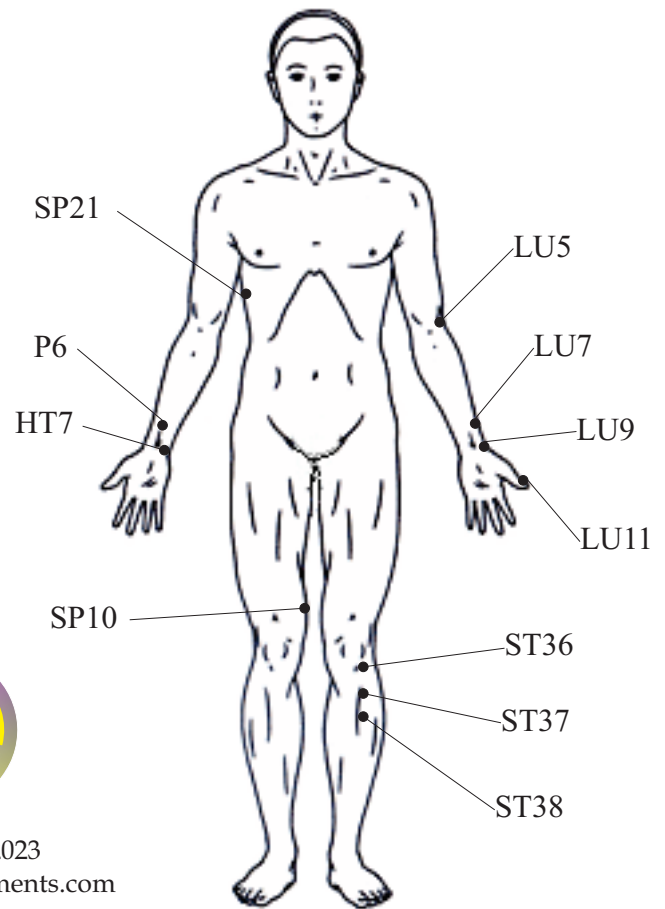
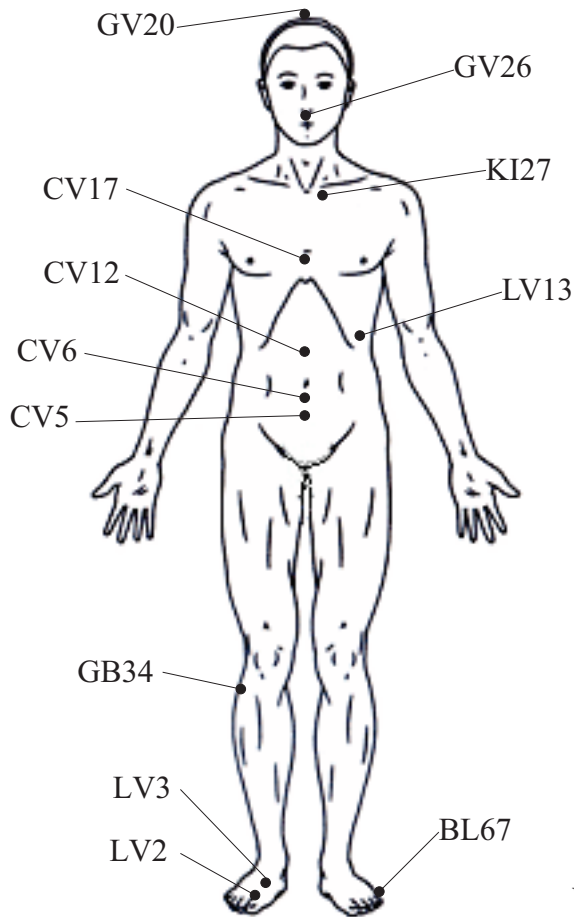


CARDINAL POINTS OF ACUPUNCTURE



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Endocrine System: CV5 Shimen - On the midline, 2 cun inferior to the umbilicus.

Whole Body Weakness/Pain: SP21 Dabao - On the midaxillary line, 6 cun inferior to the anterior axillary crease. Midway between the axilla and the free end of the eleventh rib.

All Cerebral Disorders: GB20 Fengchi - In the depression created between the origins of the Sternocleidomastoid and Trapezius muscles, at the junction of the occipital and nuchal regions. Lateral and level with GV16.

Memory, Mental & Cerebral: GV20 Baihui - 7 cun above the midpoint of the posterior hairline, 5 cun above midpoint of anterior hairline, midway on a line connecting the apex of both ears.

Neurological Confusion: KI27 Shufu - In depression on lower border of clavicle, 2 cun lateral to the midline.

Anxiety with Palpations: HT7 Shenmen - On the ulnar end of the transverse crease of the wrist, in the small depression between the pisiform and ulna bones.

Sympathetic Nervous System: GV20 Baihui - 7 cun above the midpoint of the posterior hairline, 5 cun above midpoint of anterior hairline, midway on a line connecting the apex of both ears.

Parasympathetic Nervous System: ST36 Zusanli - 3 cun below ST35 one finger width lateral from the anterior crest of the tibia, in the tibialis anterior muscle.
SP6 Sanyinjiao - 3 cun directly above the tip of the medial malleolus on the posterior border of the tibia.

Lymphatics: LV2 Xingjian - On dorsum of the foot between the 1st and 2nd toes, proximal to the margin of the web at the junction of the red and white skin.

Malpositioned Fetus: BL67 Zhiyin - 0.1 cun posterior to the corner of the nail on the lateral side of the small toe.

Bones: BL11 Dazhu - 1.5 cun lateral to GV13 level with the spinous process of T1. (from the midline to the medial border of the scapula is considered 3 cun)

Bone Marrow: GB39 Xuanzhong - 3 cun above the tip of the lateral malleolus in a depression between the posterior border of the fibula and the tendons of peroneus longus and brevis muscles.

Blood & Blood Chemistries: BL17 Geshu - 1.5 cun lateral to GV9 level with the spinous process of T7.

Blood Sugars (Diabetes): SP10 Xuehai - With the knee in flexion, 2 cun superior to the superior border of the patella, on the bulge of the medial portion of the quadriceps femoris muscle.

Blood Vessels: LU9 Taiyuan - On transverse crease of the wrist on the lateral side of the radial artery.

Master Associated Point: KI27 Shufu - In depression on lower border of clavicle, 2 cun lateral to the midline.

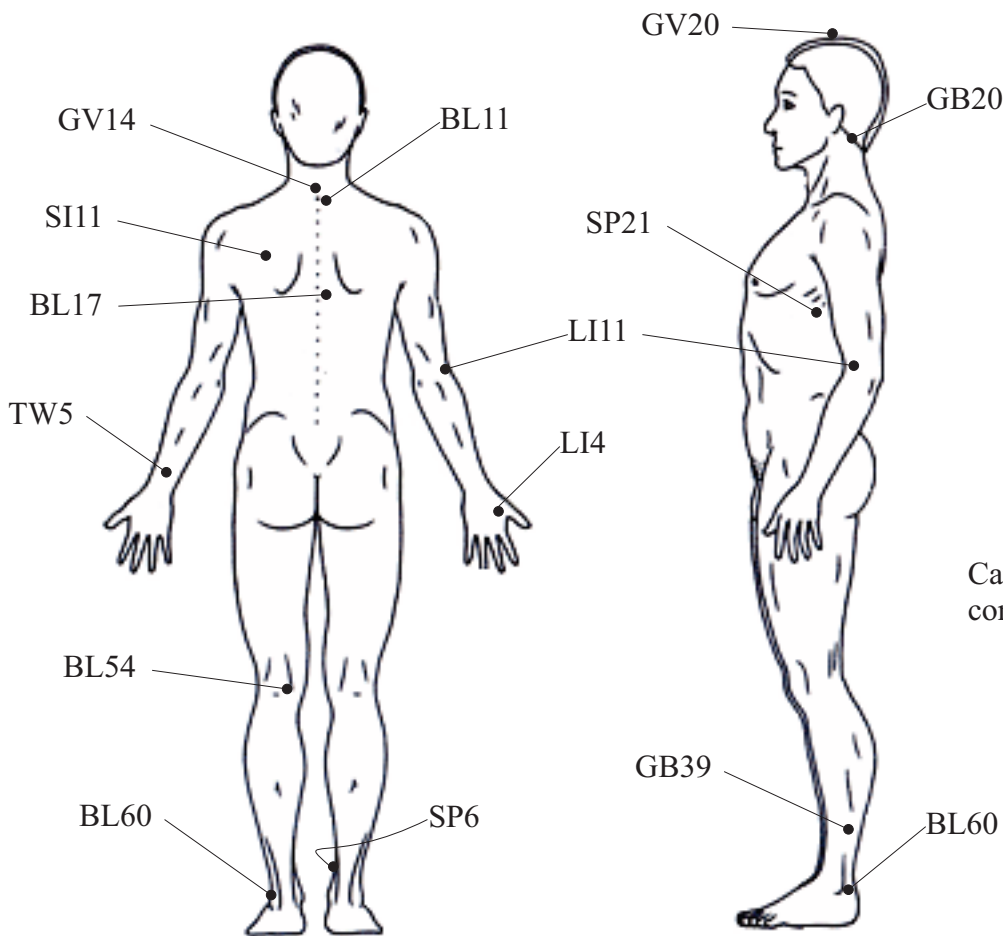
Master Lou Point: SP21 Dabao - On the midaxillary line, 6 cun inferior to the anterior axillary crease. Midway between the axilla and the free end of the eleventh rib.

Master Horary Point: ST36 Zusanli - 3 cun below ST35 one finger width lateral from the anterior crest of the tibia, in the tibialis anterior muscle.

Unconsciousness: GV26 Renzhong - At junction of the upper and middle third of philtrum.

Obesity: GV26 Renzhong - At junction of the upper and middle third of philtrum.

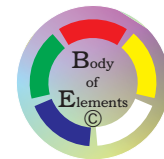
Center of Respiration: CV17 Shanzhong - On the midline level with the 4th intercostal space midway between the nipples.



Meridians

Lung LU
 Large Intestine LI
 Stomach ST
 Spleen SP
 Heart HT
 Small Intestine SI
 Urinary Bladder BL
 Kidney KI
 Pericardium P
 Triple Warmer or Sanjiao TW
 Gall Bladder GB
 Liver LV
 Governing Vessel GV
 Conception Vessel CV

Cardinal Points are specific for a condition, function or area of the body.



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Face & Head: LI4 Hegu - On the dorsum of the hand, between the 1st and 2nd metacarpal bones.

Neck: LU7 Lieque - 1.5 cun above the transverse crease of the wrist, superior to the styloid process of the radius.

Chest & Respiration: PC6 Neiguan - 2 cun above the transverse crease of the wrist PC7, between palmaris longus and flexor carpi radialis tendons, on the line connecting PC3 and PC7.

Respiratory System: LU5 Chize - On the cubital crease, in the depression lateral to biceps brachii tendon.

Shoulder: ST38 Tiaokou - 5 cun below ST36 one finger width lateral from the anterior crest of the tibia.

Scapula: SI11 Tianzong - In the depression of the infrascapular fossa, one-third the distance between the lower border of the scapular spine and the inferior angle of the scapula, approximately level with T4 spinous process.

Arm: LI11 Quchi - With a bent elbow, the point lies in the depression at the lateral end of the transverse cubital crease, midway between LU5 and the lateral epicondyle of the humerus.

Hand: TW5 Waiguan - On the dorsum of the forearm, 2 cun above TW4 between the radius and the ulna.

Ear: TW5 Waiguan - On the dorsum of the forearm, 2 cun above TW4 between the radius and the ulna.

Skin: GV20 Baihui - 7 cun above the midpoint of the posterior hairline, 5 cun above midpoint of anterior hairline, midway on a line connecting the apex of both ears.

LU9 Taiyuan - On transverse crease of the wrist on the lateral side of the radial artery.

LU11 Shaoshang - 0.1 cun posterior to the nail on the radial side of the nail of the thumb.

Upper Abdomen: ST36 Zusanli - 3 cun below ST35 one finger width lateral from the anterior crest of the tibia, in the tibialis anterior muscle.

CV12 Zhongwan - On the midline, 4 cun superior to the umbilicus.

Lower Abdomen: SP6 Sanyinjiao - 3 cun directly above the tip of the medial malleolus on the posterior border of the tibia.

CV6 Qihai - On the midline, 1.5 cun inferior to the umbilicus.

Master Energetical: ST36 Zusanli - 3 cun below ST35 one finger width lateral from the anterior crest of the tibia, in the tibialis anterior muscle.

Increase Energy: CV6 Qihai - On the midline, 1.5 cun inferior to the umbilicus.

ST36 Zusanli - 3 cun below ST35 one finger width lateral from the anterior crest of the tibia, in the tibialis anterior muscle.

General Excess (Energy): GV14 Dazhui - Below the spinous process of C7.

Low back, Sacrum & Leg: BL54 Weizhong (AKA BL40) - Midpoint of the transverse crease of the popliteal fossa between the biceps femoris and semitendinosus tendons.

Upper Back, Leg & Foot: BL60 Kunlun - In a depression between the tip of the lateral malleolus and the achilles tendon.

Nervous System: LV3 Taichong - On dorsum of the foot in a depression distal to the junction of the 1st and 2nd metatarsal bones.

Muscles & Tendons: GB34 Yanglingquan - In a depression anterior and inferior to the head of the fibula.

Yang Organs: CV12 Zhongwan - On the midline, 4 cun superior to the umbilicus.

Yin Organs: LV13 Zhangmen - On the lateral side of the abdomen below the free end of the 11th rib.